

SPACE BIO-TECHNOLOGY IN HOUSING

BY:

B. C. WOLVERTON, Ph.D.

NATIONAL AERONAUTICS AND SPACE ADMINISTRATION  
NATIONAL SPACE TECHNOLOGY LABORATORIES  
NSTL, MS 39529

PRESENTED AT:  
THE NATIONAL ASSOCIATION OF HOME BUILDERS CONVENTION  
DALLAS, TX  
January 19, 1986

## SPACE BIO-TECHNOLOGY IN HOUSING

During the early 1970's a highly sensitive gas chromatograph coupled with a mass spectrometer (GC/MS) was used to monitor the atmosphere inside the spacecraft during the Skylab missions. Results from these studies demonstrated the presence of over 300 volatile organic chemicals (VOC) in the Skylab atmosphere during the occupancy of the Skylab III crew (1). Of this number, 107 were identified. Twelve are listed in Table 1. The data demonstrated what levels of volatile organic chemicals can be expected when facilities containing man and modern synthetic materials such as in electronic equipment and furnishings are tightly sealed. These findings contributed to a more critical examination of conventional closures and opened up a new era in indoor air pollution and its potential health effects on man. Indoor air quality is not only a problem for future space stations but is a real and immediate problem on earth in some modern buildings.

During the past 25 years the nature of building materials and household furnishings has dramatically changed. Pressed wood products and fiberboard which emit trace levels of organic chemicals have been used to replace natural wood in building construction. Household furnishings also have changed with increased use of pressed board, plastic and artificial fibers which add additional organics inside homes. Household products such as cleaners, insecticides, glues, hair sprays and other health care and grooming aid products add even more synthetic chemicals to the atmosphere inside homes.

The 1973-74 energy crisis aggravated an already increasing indoor air pollution problem. The ventilation rates of new homes, apartments, office

TABLE 1

## Twelve of the 107 Volatile Organics Identified in the Atmosphere of Skylab 3.

Organic	Concentration, ppb		
	11th Day	46th Day	77th Day
Acetone	7895.0	7098.0	2760.0
Freon-112 & 113	5907.0	8553.0	8446.0
Toluene	1647.0	1040.0	1717.0
2-Butanone	1505.0	1222.0	665.0
Xylene (total)	515.0	384.6	406.5
Ethylacetate	454.0	390.0	221.0
Dichloroethane	454.0	224.0	213.0
Benzene	116.0	70.1	38.6
Benzaldehyde	114.0	62.4	102.0
Heptene	88.0	52.0	116.0
Dichlorobenzene	25.6	13.0	24.8
Naphthalene	90.9	59.8	113.0

buildings, hospitals and condominiums were decreased to minimize the usage of expensive electricity and oil for heating and cooling these facilities. Shortly after the ventilation rates were reduced in homes and other buildings, a new ailment termed "sick building syndrome" began to appear (2, 3).

Recently EPA studies identified hundreds of different volatile organic chemicals in schools, office buildings, hospitals and nursing homes, Table 2 (4, 5). Other agencies and researchers have confirmed the presence of large numbers of trace organics inside modern buildings (6-26). Due to the mounting evidence of indoor air pollution problems, the need for simplified methods of purifying and revitalizing the atmosphere inside modern buildings and future space stations has become a necessity.

In the 1970's, NASA scientists at the National Space Technology Laboratories (NSTL) in south Mississippi started looking at natural biological processes for life support systems for future space stations. The NSTL research concentrated on using higher plants and the microorganisms associated with the plants' root systems and surrounding media for bioregenerating air and water while producing food products (27-33).

The Russians have a BIOS Research Facility in Siberia where they have been conducting research for many years on the development of bioregenerating life support systems. They are also using higher plants and have reached a state of development where researchers have been sealed inside their BIOS chamber for up to 5 months. In this totally artificial environment, various agricultural plants produced vegetables, oxygen and purified the air for the inhabitants (34-36).

The long range goal of the NSTL research is the development of a bioregenerating life support system for future space stations. The concept is artistically depicted in Figure 1. The immediate application of this technology is earthly. Most of the NSTL work has been funded through NASA's Technology

TABLE 2

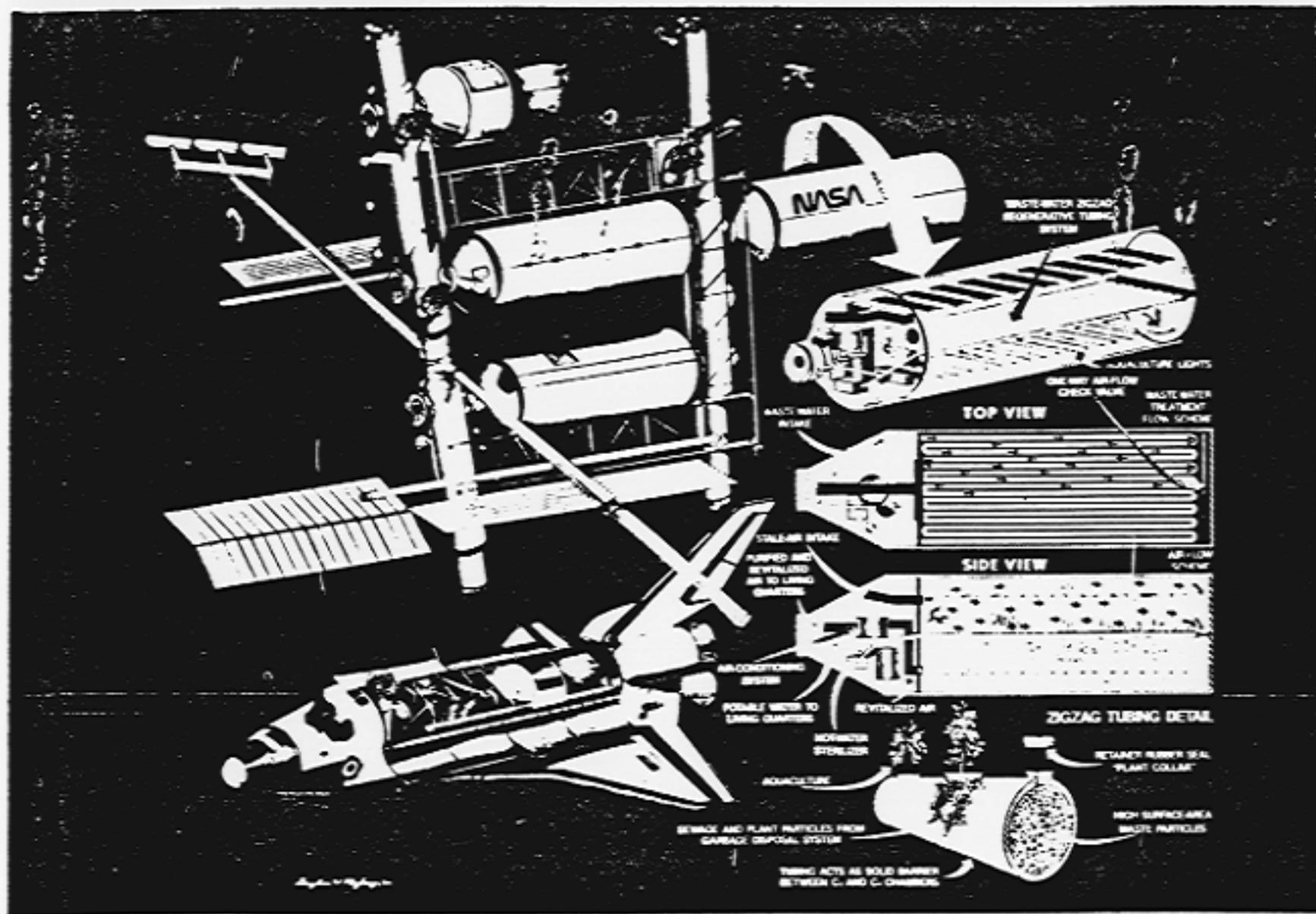
## CHEMICALS PRESENT IN ALL INDOOR MONITORING SITES AT HOME FOR THE ELDERLY IN WASHINGTON, D.C.: MARCH 1983†

Acetone	1-Methylnaphthalene
*Benzene	2-Methylnaphthalene
*Carbon tetrachloride	2-Methylnonane
*Chloroform	2-Methyloctane
Cyclohexane	2-Methylundecane
Decalin	Naphthalene
Decanal	Nonanal
*Decane	Nonane
*m,p-Dichlorobenzene	*Octane
1,4-Diethylbenzene	Pentane
Diethylcyclohexane	Propylbenzene
*1,4-Dioxane	l-Propylbenzene
*Dodecane	Propylcyclohexane
Ethyl acetate	*Styrene
Ethylbenzene	*Tetrachloroethylene
Heptane	Toluene
Hexane	*1,1,1-Trichloroethane
Hexanol	*Trichloroethylene
Methylcyclohexane	Trichlorofluoromethane
Methyl decalin	1,3,5-Trimethylbenzene
4-Methyldecane	1,2,4-Trimethylcyclohexane
5-Methyldecane	1,3,5-Trimethylcyclohexane
*Methylene chloride	2,2,4-Trimethylhexane
2-Methylheptane	2,4,4-Trimethyl-l-pentene
2-Methylhexane	*Undecane
3-Methylhexane	m,p-Xylene
	o-Xylene

\* Mutagenic, carcinogenic, or co-carcinogenic properties.

† Wallace, L.A. "Organics in indoor air: a review of human exposure studies and indoor air quality studies" In Proc. of the 7th Life Sciences Symposium. p 361-77, published in 1984.

# SPACE STATION BIOGENERATIVE LIFE-SUPPORT MODULE



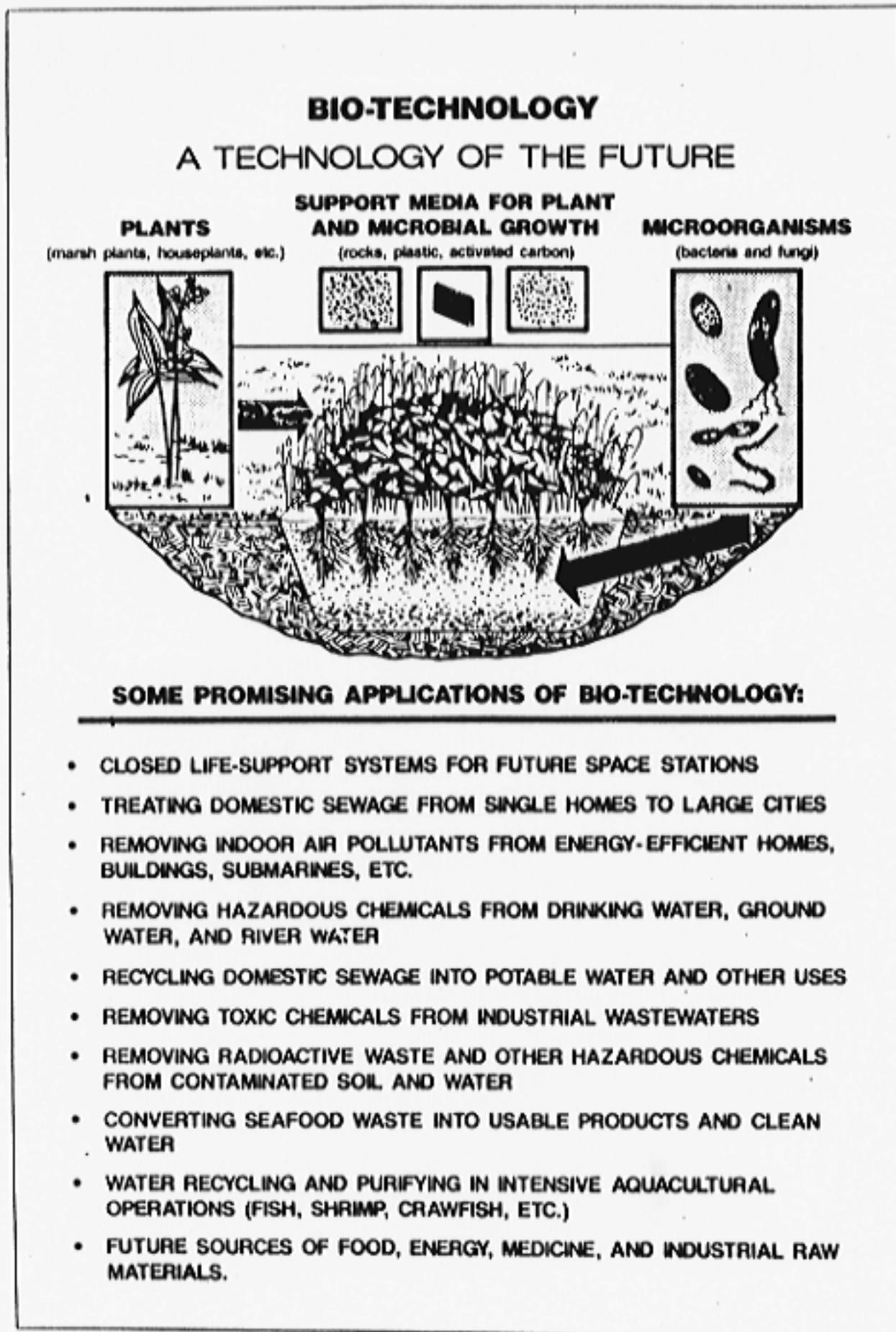
Utilization (TU) Office and has concentrated on adapting space-developed bio-technology to solving earthly environmental problems. This application is conceptualized in Figure 2.

One exciting area of this research is directed toward the use of houseplants for improving the quality of air inside modern buildings. The photosynthetic process that allows plants to live and grow requires a continuous exchange of gaseous substances between plant leaves and the surrounding atmosphere. The most common gaseous substances exchanged are carbon dioxide, oxygen and water vapor. The plant leaves normally give off water vapors and oxygen and take in carbon dioxide. However, it appears that plant leaves can also take in other gaseous substances from the surrounding atmosphere through the tiny openings (stomates) on the leaves (37, 38). NASA studies with plants have demonstrated the ability of common houseplants such as spider plant, Chinese evergreen, syngonium, peace lily, golden pothos, peperomia and banana plants to reduce the concentrations of indoor air pollutants such as formaldehyde and carbon monoxide in sealed experimental chambers, Figures 3 and 4.

Another even more promising technique for using plants to remove indoor air pollutants is to combine the increased treatment capacity of the plant root-microbial-granular activated carbon process with the leaves as shown in Figures 5 and 6. This technique has been used very successfully in treating domestic sewage and removing toxic chemicals from wastewater (29-33). The process has the potential of rapidly removing relatively large quantities of chemicals and smoke from indoor air and biodegrading these substances, Figure 7.

Interior landscaping design with live plants is an already rapidly expanding practice for offices, lobbies, reception rooms, hotels, hospitals, restaurants and many institutions. Since more and more people are spending

FIGURE 2



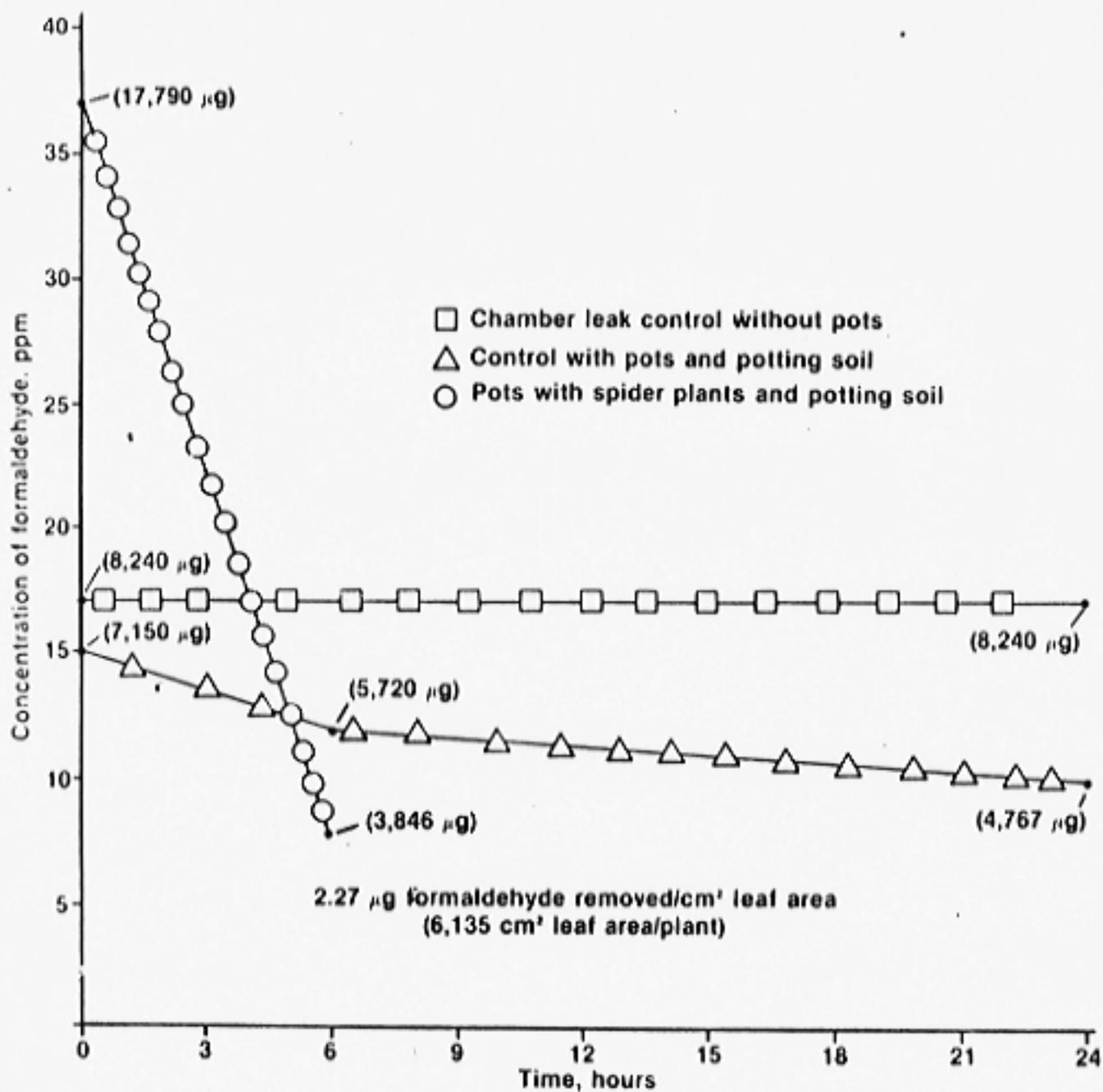


Figure 3. The use of spider plants (*Chlorophyllum sp.*) for removing formaldehyde from a closed chamber

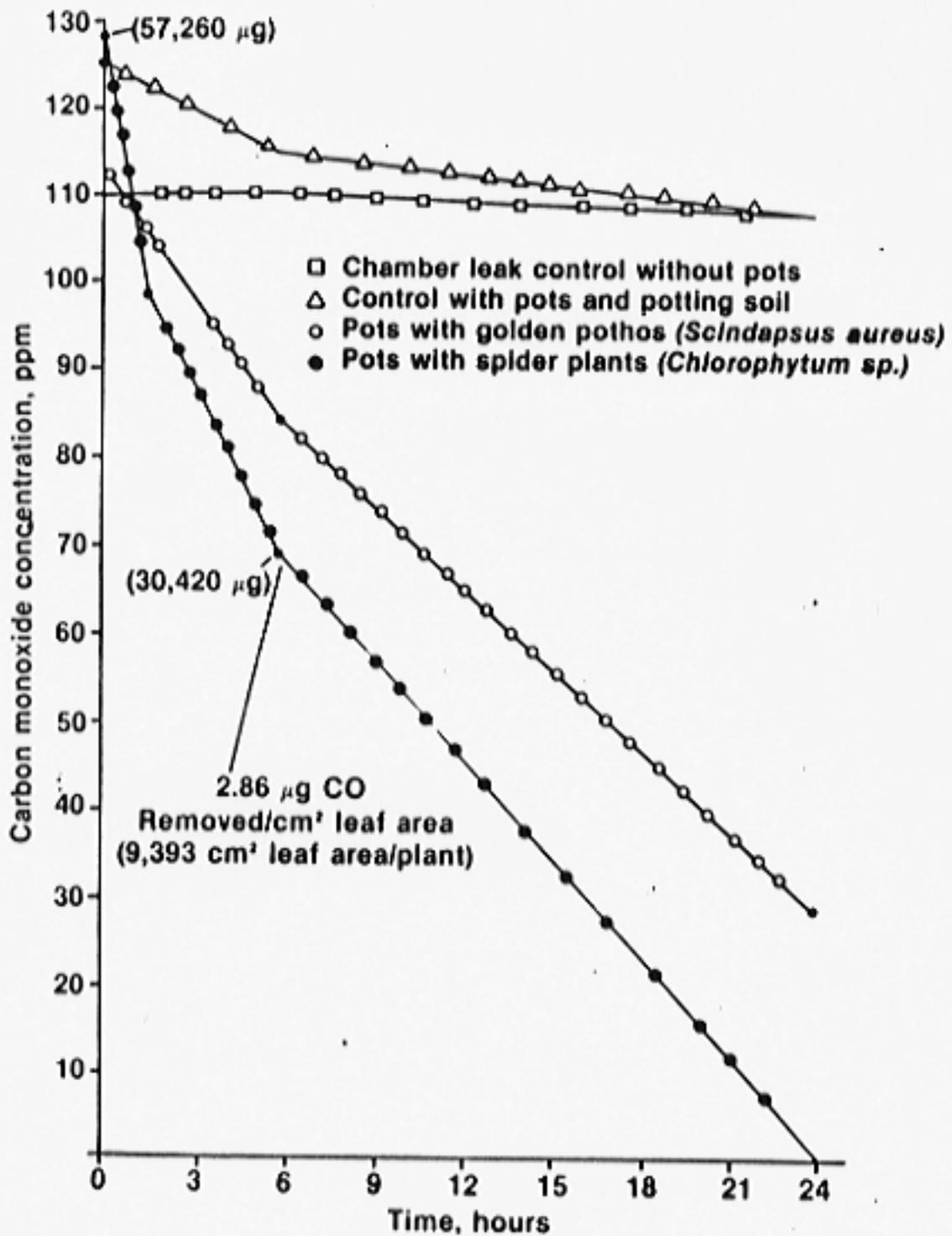


Figure 4. The use of spider plants and golden pothos for removing carbon monoxide from a closed chamber

# INDOOR AIR PURIFICATION SYSTEM COMBINING HOUSEPLANTS AND CHARCOAL FILTERS

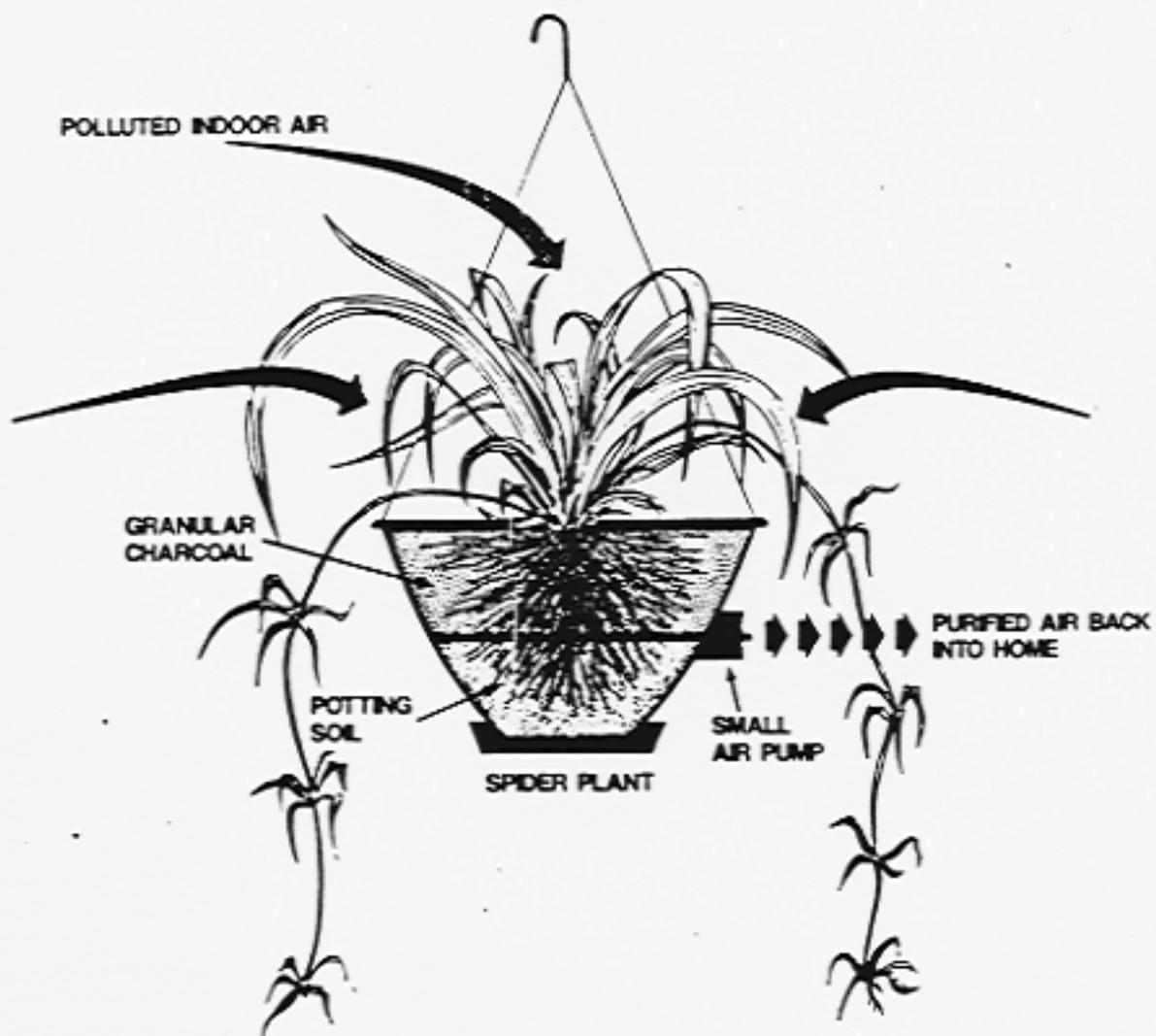
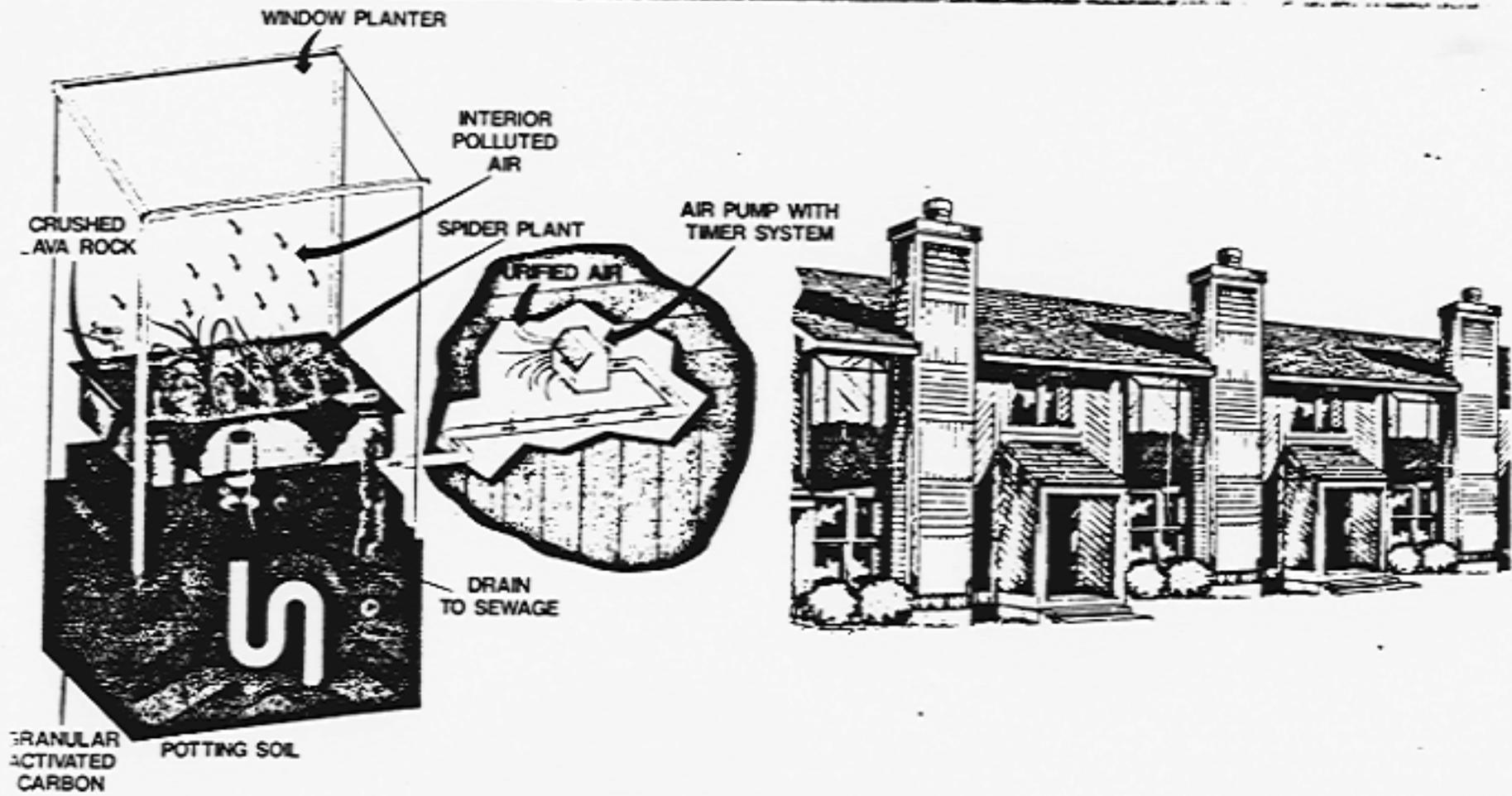


FIGURE 6

**WINDOW PLANTER COMBINED CARBON AND SPIDER PLANT FILTER SYSTEM FOR REMOVING INDOOR AIR POLLUTANTS FROM ENERGY EFFICIENT CONDOMINIUMS.**



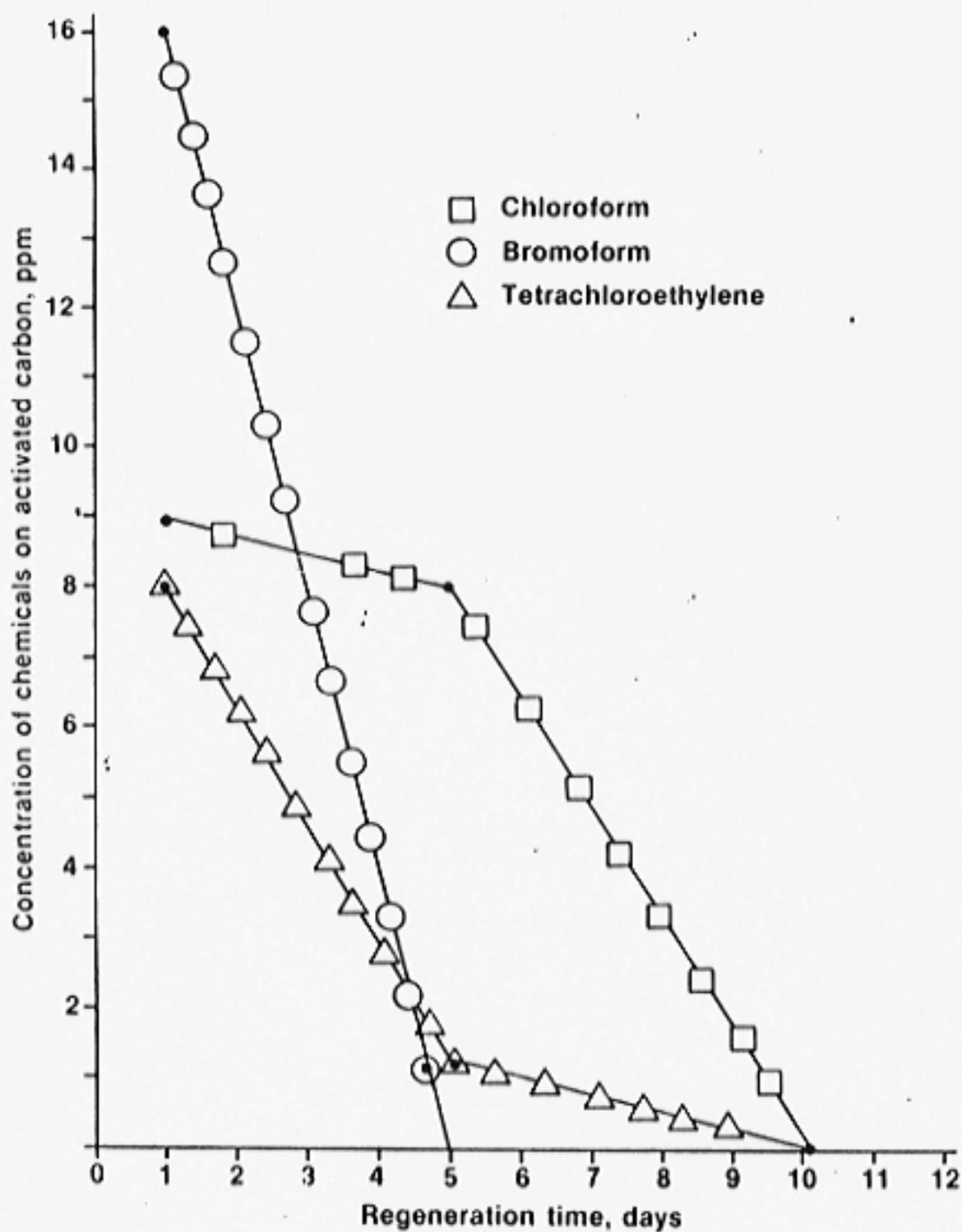


Figure 7. A bioregenerating activated carbon/plant system for removing toxic chemicals from indoor air and contaminated water. The detection limit is  $< 1$  ppm.

a greater percentage of their time indoors, it is desirable for psychological as well as physiological reasons to bring some of the natural outdoor environment inside, Figures 8 and 9. As more data become available on the ability of foliage plants to improve the quality of air inside buildings, interior landscaping with plants will probably experience an even greater increase in use.

Technology is rapidly becoming available from space research which will allow architects and builders to design and construct facilities, especially in harsh, cold climates, that will be super energy-efficient and almost free of the outside environment. Special lighting for growing plants is available from several prominent vendors to alleviate the necessity of natural sunlight. With proper design and special lighting where necessary, new buildings can provide excellent environments through waste recycling, air purification, and possibly even vegetable production using only natural processes as depicted in Figure 10.

**PURIFIED AIR TO AIR INTAKE FOR HEATING  
AND AIR CONDITIONING SYSTEM**

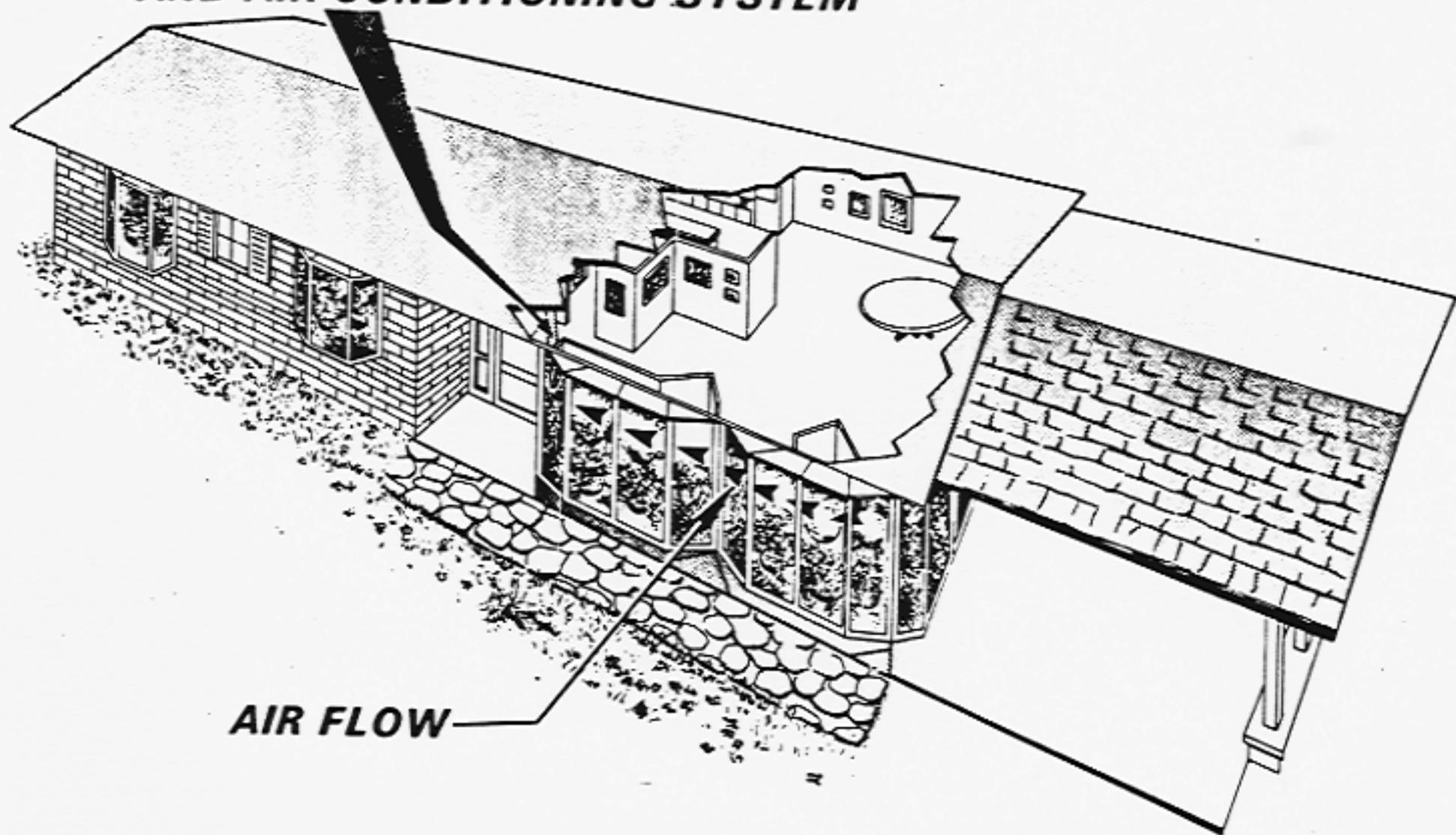
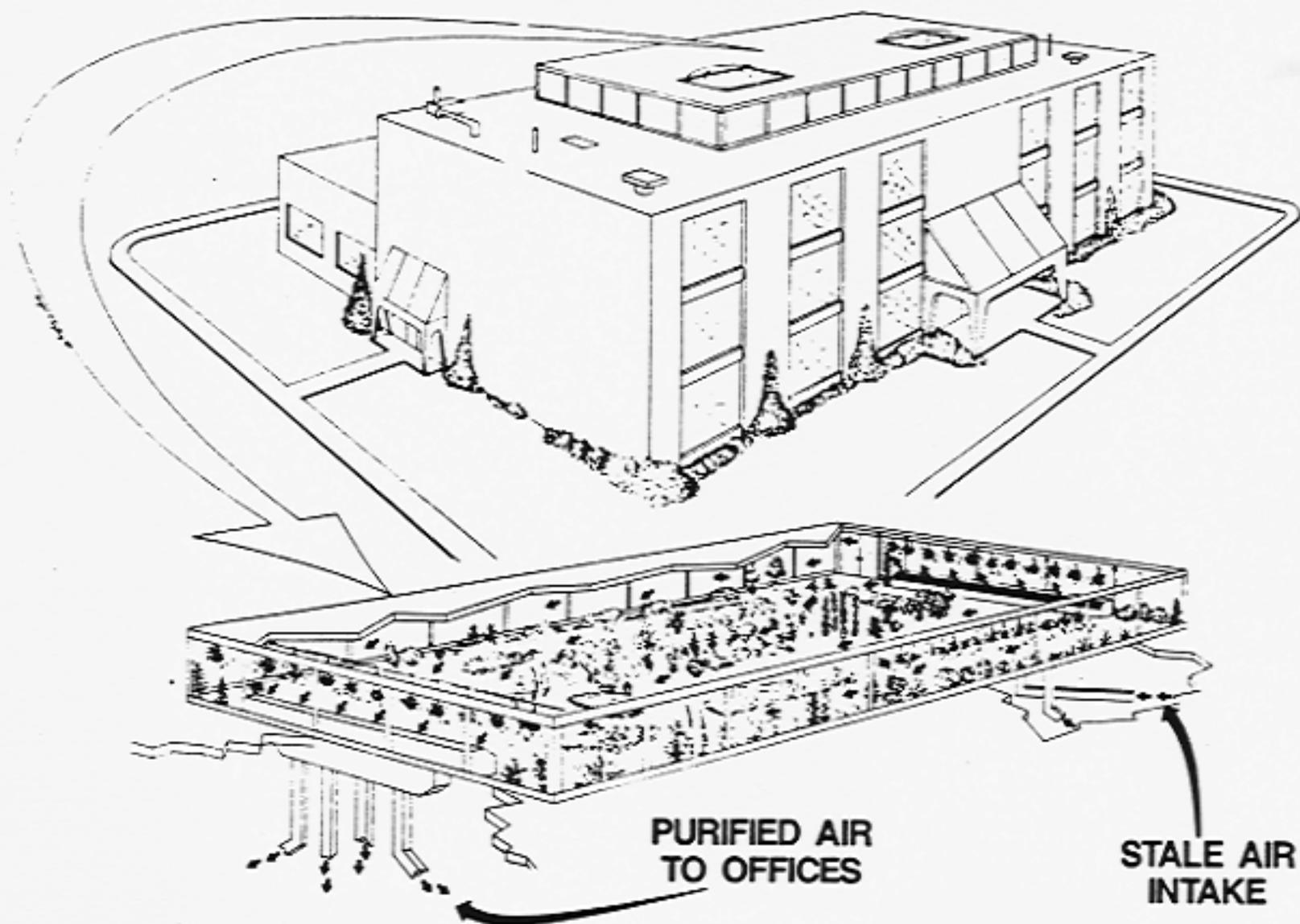
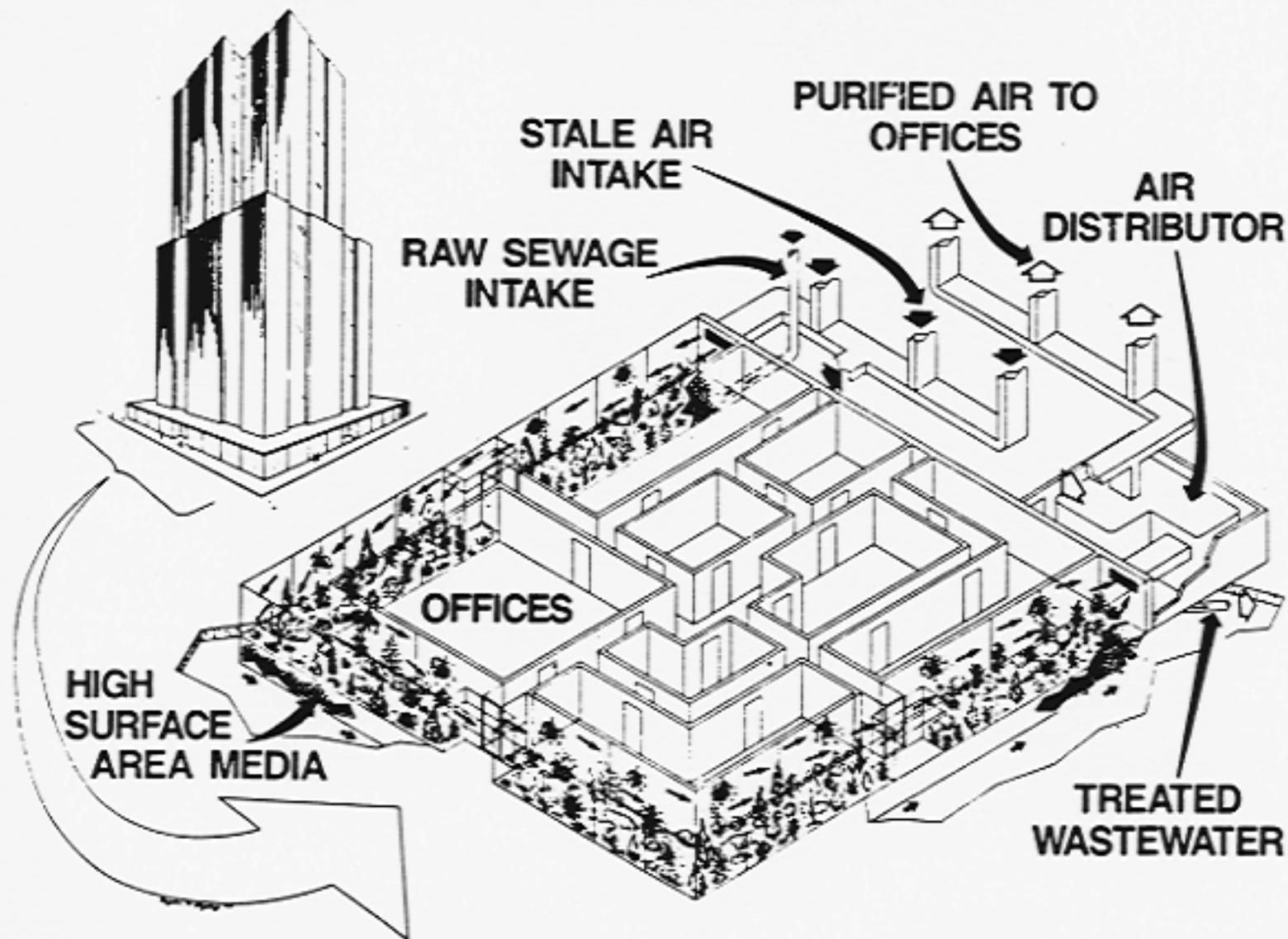


FIGURE 9

## PLANT SYSTEM FOR PURIFICATION AND REVITALIZATION OF ATMOSPHERE INSIDE ENERGY EFFICIENT BUILDINGS



# BIOLOGICAL AIR AND WASTEWATER TREATMENT SYSTEM FOR ENERGY EFFICIENT BUILDINGS



## LITERATURE CITED

1. National Aeronautics and Space Administration. 1974. The Proceedings of the Skylab Life Sciences Symposium, August 27-29, 1974. NASA TM-X-58154. Johnson Space Center. 161-168.
2. Gammage, R. B. and S. V. Kaye (Eds.). 1984. *Indoor Air and Human Health*. Proceedings of the Seventh Life Sciences Symposium, Knoxville, TN, October 29-31, 1984. Lewis Publishers, Inc., Chelsea, MI.
3. Walsh, C., S. Dudley and E. D. Copenhauer. 1984. *Indoor Air Quality*. CRC Press, Inc., Boca Raton, FL.
4. Wallace, L., S. Brombert, E. Pellizzari, T. Hartwell, H. Zelon, and L. Sheldon. 1984. Plan and preliminary results of the U. S. Environmental Protection Agency's indoor air monitoring program (1982). In: *Indoor Air*, Swedish Council for Building Research, Stockholm, Sweden. 1:173-178.
5. Pellizzari, E., L. Sheldon, C. Sparacino, J. Bursey, L. Wallace, and S. Bromberg. 1984. Volatile organic levels in indoor air. In: *Ibid.* 4:303-308.
6. Pellizzari, E. D., M. D. Erickson, M. T. Giguere, T. D. Hartwell, S. R. Williams, C. M. Sparacino, H. Zelon, and R. D. Waddell. 1980. *Preliminary Study of Toxic Chemicals in Environmental Human Samples: Work Plan, Vols I and II, (Phase I)*. U. S. EPA, Washington, DC.
7. Pellizzari, E. D., M. D. Erickson, C. M. Sparacino, T. D. Hartwell, H. Zelon, M. Rosenweig, and C. Leininger. 1981. *Total Exposure Assessment Methodology (TEAM) Study: Phase II: Work Plan*. U. S. EPA, Washington, DC.
8. Wallace, L., R. Zweidinger, M. Erickson, S. Cooper, D. Whitaker, and E. Pellizzari. 1982. Monitoring individual exposure: measurements of volatile organic compounds in breathing-zone air, drinking water, and exhaled breath. *Env. Int.* 8:269-282.
9. Pellizzari, E. D., T. Hartwell, H. Zelon, C. Leininger, M. Erickson, S. Cooper, D. Whittaker, and L. Wallace. 1982. *Total Exposure Assessment Methodology (TEAM) Pre-pilot Study -- Northern New Jersey*. U. S. EPA, Washington, DC.
10. Sparacino, C., C. Leininger, H. Zelon, T. Hartwell, M. Erickson, and E. Pellizzari. 1982. *Sampling and Analysis for the Total Exposure Assessment Methodology (TEAM) Pre-pilot Study*. Research Triangle Park, NC. U. S. EPA, Washington, DC.
11. Sparacino, C., E. Pellizzari, and M. Erickson. 1982. *Quality Assurance for the Total Exposure Assessment Methodology (TEAM) Pre-pilot Study*. U.S. EPA, Washington, DC.

12. Pellizzari, E. D., T. D. Hartwell, C. Leininger, H. Zelon, S. Williams, J. Breen, and L. Wallace. 1983. Human exposure to vapor-phase halogenated hydrocarbons: fixed-site vs. personal exposure. Proceedings from Symposium on Ambient, Source, and Exposure Monitoring of Non-Criteria Pollutants, May, 1982. Sponsored by Environmental Monitoring Systems Lab., Research Triangle Park, NC. EPA 600/99-83-007. U.S. EPA, Washington, DC.
13. Wallace, L., E. Pellizzari, T. Hartwell, M. Rosenweig, M. Erickson, C. Sparacino, and H. Zelon. 1984. Personal exposure to volatile organic compounds: I. direct measurement in breathing-zone air, drinking water, food, and exhaled breath. *Env. Res.* 35:193-211.
14. Pellizzari, E., T. Hartwell, C. Sparacino, C. Sheldon, R. Whitmore, C. Leininger, and H. Zelon. 1984. *Total Exposure Assessment Methodology (TEAM) Study: First Season, Northern New Jersey -- Interim Report.* Contract No. 68-02-3679. U.S. EPA, Washington, DC.
15. Hartwell, T. D., R. L. Perritt, H. S. Zelon, R. W. Whitmore, E. D. Pellizzari, and L. Wallace. 1984. Comparison of indoor and outdoor levels for air volatiles in New Jersey. In: *Indoor Air*, Swedish Council for Building Research, Stockholm, Sweden. 4:81-86.
16. Pellizzari, E., C. Sparacino, L. Sheldon, C. Leininger, H. Zelon, T. Hartwell, and L. Wallace. 1984. In: *Ibid.* 4:221-226.
17. Wallace, L., E. Pellizzari, T. Hartwell, H. Zelon, C. Sparacino, and R. Whitmore. 1984. Analysis of exhaled breath of 355 urban residents for volatile organic compounds. In: *Ibid.* 4:15-20.
18. Rosenweig, M. and T. D. Hartwell. 1983. *Statistical Analysis and Evaluation of the Halocarbon Survey.* Research Triangle Institute, Final Report, EPA Contract #68-01-5848. U.S. EPA, Washington, DC.
19. Hartwell, T. D., H. S. Zelon, C. C. Leininger, C. A. Clayton, J. H. Crowder, and E. D. Pellizzari. 1984. Comparative statistical analysis for volatile halocarbons in indoor and outdoor air. In: *Indoor Air*, Swedish Council for Building Research, Stockholm, Sweden. 4:57-62.
20. Molhave, L., and J. Moller. 1979. The atmospheric environment in modern Danish dwellings: measurements in 39 flats. *Indoor Climate.* Danish Building Research Institute, Copenhagen, Denmark. 171-186.
21. Jarke, F. H. 1979. ASHRAE Report 183. IITRI, Chicago, IL.
22. Lebrecht, E., H. J. Van de Wiel, H. P. Box, D. Noij, and J. S. M. Boleij. 1984. Volatile hydrocarbons in Dutch homes. In: *Indoor Air*, Swedish Council for Building Research, Stockholm, Sweden. 4:169-174.
23. Seifert, B. and H. J. Abraham. 1982. Indoor air concentrations of benzene and some other aromatic hydrocarbons. *Ecotoxicol. Environ. Safety.* 6:190-192.

24. De Bortoli, M., H. Knoppel, E. Pecchio, A. Peil, L. Rogora, H. Schauenberg, H. Schlitt, and H. Vissers. 1984. Integrating 'real life' measurements of organic pollution in indoor and outdoor air of homes in northern Italy. In: *Indoor Air*, Swedish Council for Building Research, Stockholm, Sweden. 4:21-26.
25. Gammage, R. B., D. A. White, and K. C. Gupta. 1984. Residential measurements of high volatility organics and their sources. In: *Ibid.* 4:157-162.
26. Monteith, D. K., T. H. Stock, and W. E. Seifert, Jr. 1984. Sources and characterization of organic air contaminants inside manufactured housing. In: *Ibid.* 4:285-290.
27. Wolverton, B. C. 1980. Higher plants for recycling human waste into food, potable water and revitalized air in a closed life support system. NASA (NSTL) Report No. 192. National Space Technology Laboratories, NSTL, MS.
28. Wolverton, B. C. and R. C. McDonald. 1981. Natural processes for treatment of organic chemical waste. *The Environ. Prof.* 3:99-104.
29. Wolverton, B. C. 1982. Hybrid wastewater treatment system using anaerobic microorganisms and reed (*Phragmites communis*). *Econ. Bot.* 36(4):373-380.
30. Wolverton, B. C. and R. C. McDonald. 1982. The role of vascular aquatic plants in wastewater treatment. *The Herbarist.* 48:24-29.
31. Wolverton, B. C., R. C. McDonald and W. R. Duffer. 1983. Microorganisms and high plants for wastewater treatment. *J. Environ. Qual.* 12(2):236-242.
32. Wolverton, B. C., R. C. McDonald, and L. K. Marble. 1984. Removal of benzene and its derivatives from polluted water using the reed/microbial filter technique. *J. MS Acad. of Sci.* 29:119-127.
33. Wolverton, B. C., C. C. Myrick, and K. M. Johnson. 1984. Upgrading septic tanks using microbial/plant filters. *J. MS Acad. of Sci.* 29:19-25.
34. Gitelson, I. I., B. G. Kovrov, G. M. Lisovskiy, Y. N. Oklandnikov, M. S. Rerbert, F. Y. Sidkno, and I. A. Terskov. 1976. *Problems of Space Biology*. Nauka Press, Moscow, USSR.
35. Gitelson, I. I., et al. 1976. *Acta Astronautica.* 3:633.
36. Ivanov, B. and O. Zubareva. 1985. *Soviet Life.* 4(343):22-25.
37. Wolverton, B. C., R. C. McDonald, and E. A. Watkins, Jr. 1984. Foliage plants for removing indoor air pollutants from energy-efficient homes. *Econ. Bot.* 38(2):224-228.

38. Wolverton, B. C., R. C. McDonald, and H. H. Mesick. 1985. Foliage plants for the indoor removal of the primary combustion gases carbon monoxide and nitrogen dioxide. *J. MS Acad of Sci.* 30:1-8.